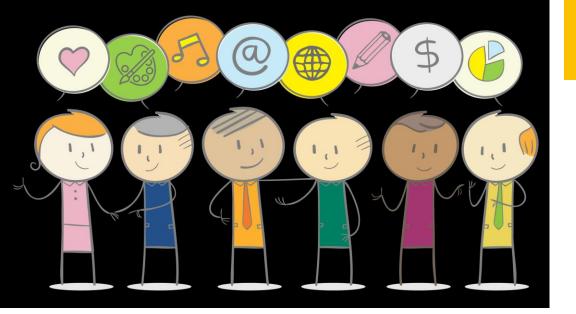
PEER GROUPS PEER PRESSURE

MS. REWA. GODBOLE M.A. PSYCHOLOGY (COUNSELLING)

(COUNSELLING PSYCHOLOGIST).





PEER GROUP.

A GROUP OF PEOPLE OF SAME AGE, INTERESTS, HOBBIES AND CULTURE IS CALLED AS A "PEER GROUP".



TYPES OF PEER GROUPS.

• <u>GOOD PEER GROUP-</u> it motivates, encourages and supports the individual.

• <u>Bad peer group</u>- it badly influences, commit mistakes and has no development of self image and personality.



PEER PRESSURE

A good or bad influence from the peer group is called as "Peer Pressure".





TYPES OF PEER PRESSURE

• <u>Positive pressure</u> the peer group has a good influence on the person. They motivate to do good things, perform well in studies and develop their personality.

• <u>Negative pressure-</u> the peer group has a bad influence on the person. They are into risky and anti-social behaviours. They tend to commit mistakes and not develop their personality.



RISK FACTORS OF PEER PRESSURE

- Recently moved to new city or changed school.
- Poor decision making and confidence.
- Poor emotional management.
- Poor self-esteem.
- Poor school performance.
- Lack of friends.
- Lack of family support.



IMPORTANT TIPS.

- These acts and peer pressure must be informed to parents, teachers, other care-givers and school counsellors to avoid harm and further serious problems.
- Teach children the good-bad friendship.
- Children should be supported and helped in needed times.



THANK YOU



COUNSELLING SERVICES Child | Adult Parental | Marital Family | Career

TESTING SERVICES IQ | Aptitude Interest | Personality Rewa Godbole B.A. (Psychology), M.A. (Counselling)

\$ +91 97698 19076

 18/B, Mayoor Society, MTNL Marg, Near Portuguese Church, Dadar (w),
Mumbai- 400028, Maharashtra, India.
rewa@counsellorrewa.com
www.counsellorrewa.com