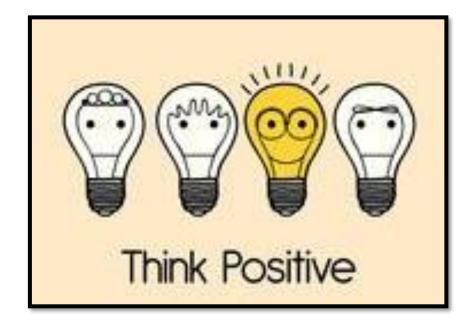
# THINKING PATTERNS



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## **POSITIVE THINKING**





## **NEGATIVE THINKING**





# POSITIVE | NEGATIVE -THINKING

- USE POSITIVE WORDS WHILE TALKING.
- REMOVE ALL THOSE NEGATIVE THOUGHTS FROM YOUR MIND.
- USE WORDS WHICH GIVE MORE STRENGTH AND MOTIVATION.
- ACCEPT MISTAKES.
- ANALYZE WHAT WENT WRONG.
- FORGIVE YOU.
- THINK OF A FAILURE AS AN OPPORTUNITY.





#### **THANK YOU**



COUNSELLING SERVICES Child | Adult Parental | Marital Family | Career

TESTING SERVICES IQ | Aptitude Interest | Personality Rewa Godbole B.A. (Psychology), M.A. (Counselling)

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